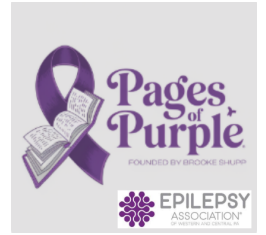


Pages of Purple

Helping children with epilepsy be seen, supported, and understood

In partnership with the Epilepsy Association of Western and Central Pennsylvania



Dear School Nurse,

My name is Brooke Shupp, and I am the founder of Pages of Purple, a project created to help students with epilepsy be seen, understood, and supported at school. As a child who grew up in York County navigating epilepsy, I know firsthand how hard it can be for school nurses and staff to make sure a student with seizures feels safe, included, and not defined by their diagnosis.

The heart of Pages of Purple is to put practical, compassionate tools in the hands of the adults who care for these students every day. The books and materials are designed to:

- Help start gentle, age-appropriate conversations with a student about their epilepsy and what support can look like.
- Reassure children that they are more than their seizures, and that it is okay to ask for help and accommodations.
- Provide flexible language and visuals that can be used with classmates or staff when helpful, always with the goal of protecting the child's dignity and sense of normalcy.

I also want to make sure you know about the educational resources available through the Epilepsy Association of Western and Central Pennsylvania (EAWCP). EAWCP offers:

- Classroom training using the *Room for Friends* book with the escape room activity, plus additional resources on their website.
- Training and in-services for school staff on epilepsy and seizure first aid.
- Educational materials for families, nurses, teachers, and students.
- Support for building health plans, 504 plans, and IEPs that prioritize safety and full participation.
- A partner you can contact when you have questions about how best to support a particular student living with epilepsy.

My goal is to partner with school nurses like you so that no child with epilepsy feels alone in their school building and so that you feel equipped with the resources, language, and support you need. If you would like additional copies of Pages of Purple materials or more information about EAWCP programs, I would be grateful to connect with you.

Thank you for the care and advocacy you provide for students every day.

With gratitude,

Brooke Shupp

Susquehannock High School Class of 2027

Founder, *Pages of Purple*

